

LITURGY OF THE HOURS

aka The Divine Office; The Canonical Hours; the Breviary

Week 3 - Morning Prayer AND Evening Prayer; Office of the Readings;

REVIEW:

- Be aware of the liturgical calendar, date
- Ribbons are for you; Organize before beginning prayer
- Proper of Saints
- Start with Invitatory with Antiphon (stand)
- Always sing/chant/speak the hymn (stand) (GILH #42)
- Psalmody (sit)
- Stand for Gospel Canticles;
 - cross yourself at first line

**Morning prayer and Evening Prayer are the 'hinges' of the day. (GILH #37-40)

- required of all priests and deacons (GILH #28-30)
- prayed by religious (GILH 31b)
- call for choir (GILH #31a, 31b2)

A. Morning Prayer (*Lauds*)

1. Order of Morning Prayer (**Praise**)
 - a) Invitatory (or Introduction - if Office of Readings was done already)
 - b) Hymn
 - c) Psalmody with Antiphons and Doxology
 - (1) Friday, Week 1, Psalm 51
 - (2) David's Sin, 2 Samuel 11-12 (13, effects of sin)
 - d) Reading
 - e) Responsory
 - f) Canticle of Zechariah (Benedictus) with antiphon
 - (1) Cross yourself at first line
 - (2) The story, Luke 1:5-80
 - g) Intercessions
 - h) The Lord's Prayer
 - i) Concluding prayer
 - j) Dismissal

B. Evening Prayer (1&2) (*Vespers*)

1. Order of Evening prayer (**Thanksgiving**)
 - a) Introduction (or Invitatory if this is first prayer of day)
 - b) Hymn
 - c) Psalmody with Antiphons and Doxology
 - d) Reading
 - e) Responsory
 - f) Canticle of Mary (Magnificat) with antiphon

- (1) Cross yourself at first line
- (2) The story, Luke 1:26-56
- g) Intercessions
- h) The Lord's Prayer
- i) Concluding Prayer
- j) Dismissal

C. Office of the Readings (*Matins*)

1. Prayed any time of the day (Start with Invitatory if this is first prayer of day
OR with Introduction if this is not the first prayer of the day)
 - a) **GILH #55 - 56, 163-165**
 - b) Scriptural and meditative/reflective/Instructional prayer
2. Available only in the 4-volume set and the App
 - a) *The 1-volume set has a 1 week rotation of the psalmody (p 1785)*
 - (1) *Choose a scriptural reading by liturgical seasons (p 1870)*
 - (2) *Choose a reflective reading by liturgical seasons (p1942)*
3. Proper of Seasons
4. Invitatory or Introduction
5. Hymn
6. Psalmody with Antiphons (in the 4 week Psalter)
7. First Reading, Scripture
8. Responsory
9. 2nd Reading - reading/homily/letter
10. Responsory
11. *Note, no Intercessions*
12. *****Te Deum, on Sundays and Solemnities**
13. Concluding prayer
14. Acclamation

C. FEAST DAYS - and we have a LOT of feast days

1. Go to feast date
2. see what is different
3. Mark pages
4. Pray

Homework:

1. **Pray Invitatory daily**
2. **Alternate praying MP, EP, and OOR (pray all if you have time)**
 - d. **Pray the OOR on Sunday so you have practice with the *Te Deum*.**