

# How to Pray the Liturgy of the Hours

step-by-step Instructions

**4 Volume Set**



## **Collect**

Show favor, O Lord, to your servants  
and mercifully increase the gifts of your grace,  
that, made fervent in hope, faith and charity,  
they may be ever watchful in keeping your commands.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.



## Last Week:

- ♦ Introduction to the LOTH
- ♦ Invitatory





Firm Tab:

**Invitatory**

**P.649**





How to Pray the  
Liturgy of the Hours  
step-by-step instructions

**The 4-Week Psalter**

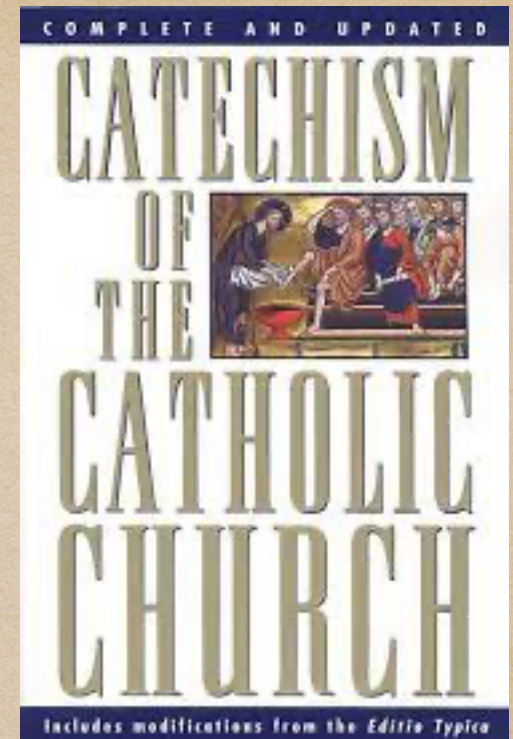


# INSTRUCTIONS

- ♦ REMEMBER: **Instructions** to pray the LOH are found on page 647 in the V-3 book, called the **Ordinary**
  - ♦ **Red** = instructions
  - ♦ **Black** = what is prayed (spoken, sung)
- ♦ ALSO - GILH (V-1), page 91, Chapter V, Section I, §253-266:
  - ♦ Various roles and actions
  - ♦ when to sit and stand
  - ♦ when and where to cross yourself



# Catechism of the Catholic Church



**§1176** - The celebration of the Liturgy of the Hours demands not only harmonizing the voice with the praying heart, but also a deeper "understanding of the liturgy and of the Bible, especially of the Psalms."

And so.....



# 4-Week Psalter

- ♦ **PAGE 675**
- ♦ The Psalter is at the heart of the LOH prayers
- ♦ The prayers begin with a **Hymn** and a **Psalmody** (collection of Psalms)
- ♦ The **Psalter** provides the Hymns and the Psalms (and Antiphons) for the liturgical prayers
  - ♦ **NOTICE:** The Doxology is not printed at the end of the Psalms and Canticles; you have to remember to pray it at the end of the Psalms. (**See page 702, bottom**)
- ♦ Morning, Daytime, Evening, and Office of the Reading Prayers are on a **4 week rotation**
- ♦ **\*\*Nighttime Prayer** is on a 1 week rotation



# Psalm/Canticle Sandwich

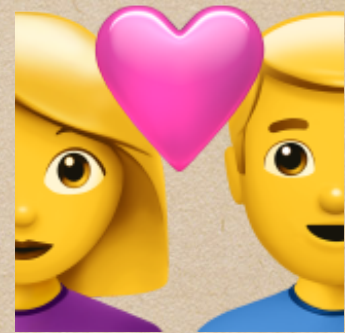
Antiphon

Psalm or  
Canticle

Glory to...

Psalm prayer

Antiphon





# Catechism of the Catholic Church

§1177 - The hymns and litanies of the Liturgy of the Hours integrate the prayer of the psalms into the age of the Church, expressing the symbolism of the time of day, the liturgical season, or the feast being celebrated.

Moreover, the reading from the Word of God at each Hour (with the subsequent responses or troparia) and readings from the Fathers and spiritual masters at certain Hours, reveal more deeply the meaning of the mystery being celebrated, assist in understanding the psalms, and prepare for silent prayer. The lectio divina, where the Word of God is so read and meditated that it becomes prayer, is thus rooted in the liturgical celebration.



**Firm Tab:**

**4-week  
Psalter**

**P.675**





# 4-Week Psalter



- ♦ Psalm = hymn
  - ♦ Psalms is the hymn book of the Bible
- ♦ Canticle = song from Scripture
- ♦ Liturgical Hymns are at the beginning of each prayer
- ♦ NEVER SKIP THE HYMN
- ♦ GILH (V-1): Chapter V, Section II, §267 - 284, **esp §280**
  - ♦ **NOTE: §270**



## General Instructions of the LOH

- **§270** Singing in the Liturgy of the Hours is not to be regarded as something merely ornamental or extrinsic to prayer. It springs from the depths of the person praying and praising God, and fully and perfectly reveals the communal character of Christian worship. To be commended therefore are those Christian communities—whatever their character—which endeavor as often as possible to use this form of praying the Office. Clerics, religious and faithful should be given proper instruction and practice in the singing of the Office, so that especially on festive days they will be able to enjoy singing the Hours. However difficult it is to sing the whole Office, the praise of the Church is not to be considered either in its origins or of its nature as the preserve of clerics and monks; it belongs to the whole Christian community. Many principles are to be borne in mind if the singing of the Liturgy of the Hours is to be carried out correctly, and if its value and beauty are to be appreciated.



- 271 It is especially appropriate that **singing** should be used at least on Sundays and festive days. From this the various degrees of solemnity may be recognized.
- 272 Not all the Hours are of the same importance. Hence it is fitting that the singing of those Hours which form the two hinges of the Office, namely **Lauds** and **Vespers**, should be preferred and solemnized more than the others.

**NEVER SKIP THE HYMN!**



New American Bible (Revised Edition)

## Psalm 100

### Processional Hymn

1 A psalm of thanksgiving.

Shout joyfully to the Lord, all you lands;

2

serve the Lord with gladness;  
come before him with joyful song.

3

Know that the Lord is God,  
he made us, we belong to him,  
we are his people, the flock he shepherds.

4

Enter his gates with thanksgiving,  
his courts with praise.

Give thanks to him, bless his name;

5

good indeed is the Lord,  
His mercy endures forever,  
his faithfulness lasts through every  
generation.

### Footnotes

- Psalm 100 A hymn inviting the people to enter the Temple courts with thank offerings for the God who created them.
- 100:3 Although the people call on all the nations of the world to join in their hymn, they are conscious of being the chosen people of God.



# HYMNS

## App Store Preview

This app is available only on the App Store for iPhone and iPad.



### Breviary Tunes 4+

Eric Millet

★★★★★ 4.6 • 20 Ratings

Free • Offers In-App Purchases

LIST OF LOH HYMNS in Alphabetical Order on Webpage





## Breviary Tunes



In Order



By Tune



By Meter

1. On This Day, the First of Days

2. Brightness of the Father's Glory

3. Sion, Sing  
Copyrighted

4. Morning Has Broken

5. Darkness Has Faded

6. When Morning Fills the Sky

7. Lord Whose Love in Humble Service

8. Praise, My Soul, the King of Heaven

9. Sing with All the Sons of Glory

10. I Sing the Mighty Power of God

11. All You Nations  
Copyrighted

12. This Day God Gave Me







# Breviary Tunes



In Order



By Tune



By Meter

A

Ach Bleib bei Uns

Adeste Fidelis

Adoro Te

Amazing Grace

Angelus

Ar Hyd Y Nos

Artavia

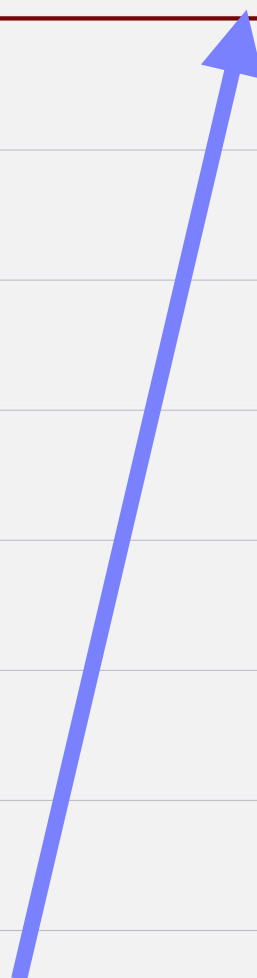
Au Fort De Ma Detresse

Auctoritate Saeculi

Aurelia

Austria

A  
B  
C  
D  
E  
F  
G  
H  
I  
J  
L  
M  
N  
O  
P  
R  
S  
T  
U  
V  
W  
Y







## Breviary Tunes



In Order



By Tune



By Meter

10.10 Refrain

Were You There?

10.10.10 Alleluias

Sine Nomine

10.10.10.10

Farley Castle

10.10.10.10.10.10

Unde Et Memores

10.10.10.6

Artavia

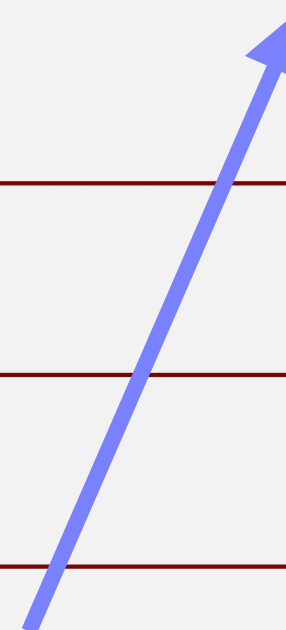
10.11.11.12

Slane

11.10.11.10

Intercessor

Liebster Immanuel

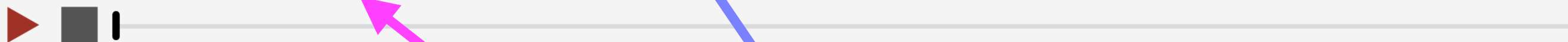






# 1. On This Day, the First of Days

Tune: Gott Sei Dank (Lubeck) (77.77)



Voice Type:

Baritone

Instrument:

Organ

Lyrics



Off

On

## On This Day, the First of Days

Henry W. Baker

- 1 On this day, the first of days  
God the Father's name we praise;  
Who, creation's Lord and spring  
Did the world from darkness bring.
- 2 On this day the eternal Son  
Over death his triumph won;  
On this day the Spirit came  
With his gifts of living flame.
- 3 Father, who didst fashion man  
Godlike in thy loving plan  
Fill us with that love divine,  
And conform our wills to thine

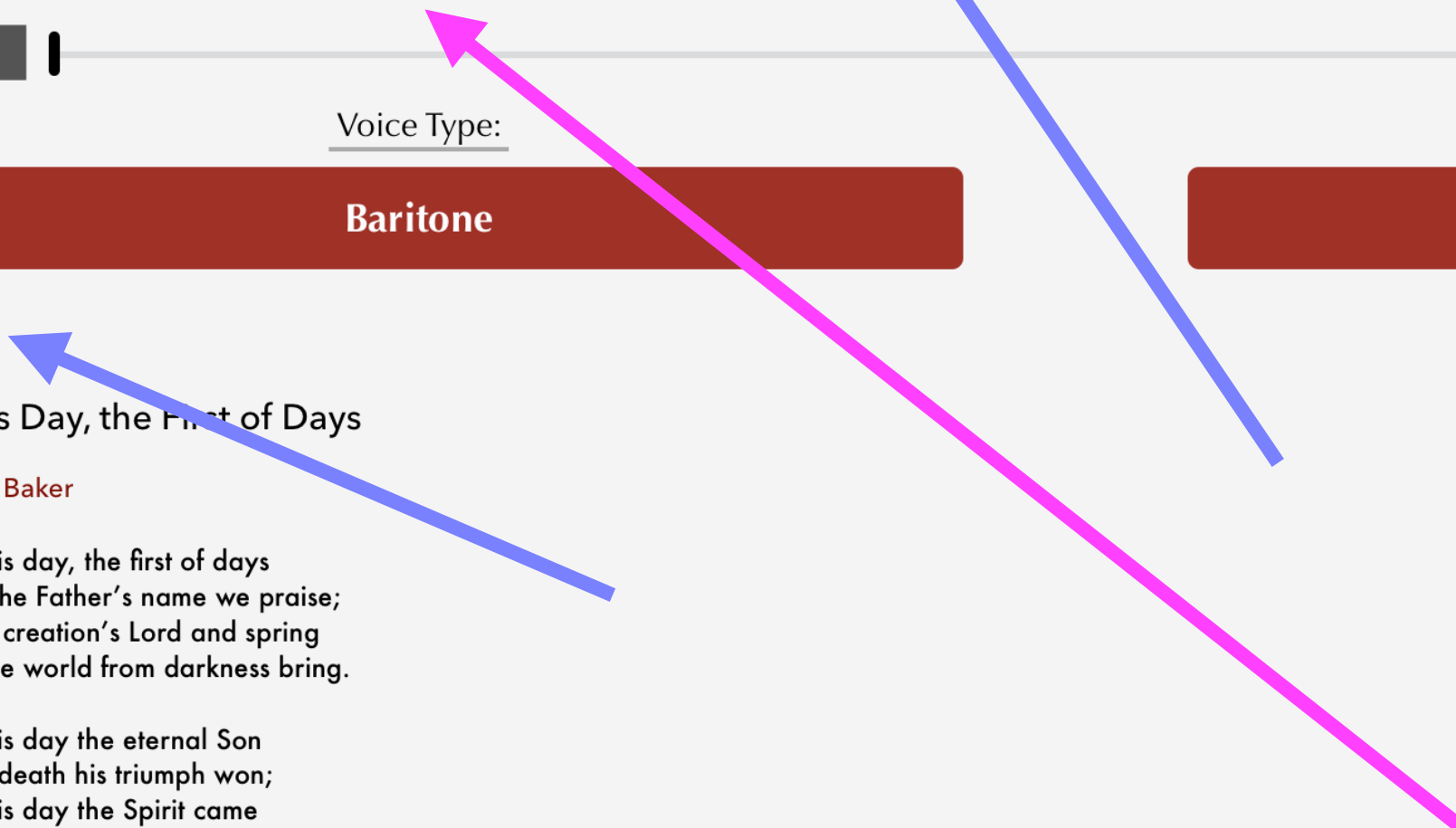
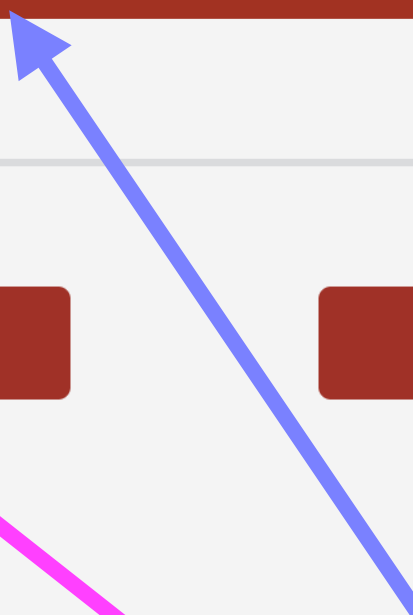
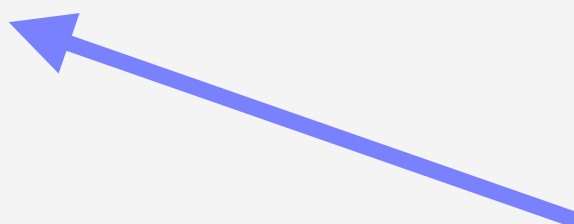
Number of Verses:



6



Speed:

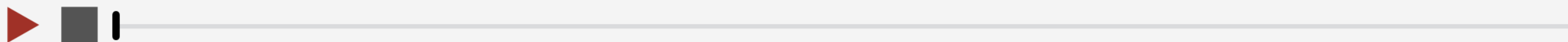






# 1. On This Day, the First of Days

Tune: Gott Sei Dank (Lubeck) (77.77)



Voice Type:

Baritone

Tenor

Alto

Soprano

Instrument:

Organ



Off

On

1 On this day, the first of days  
God the Father's name we praise;  
Who, creation's Lord and spring  
Did the world from darkness bring.

2 On this day the eternal Son  
Over death his triumph won;  
On this day the Spirit came  
With his gifts of living flame.

3 Father, who didst fashion man  
Godlike in thy loving plan  
Fill us with that love divine,  
And conform our wills to thine

Number of Verses:

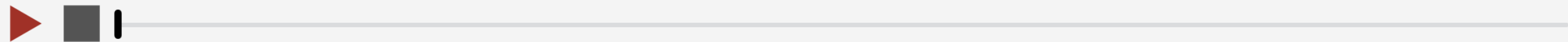




<

1. On This Day, the First of Days

Tune: Gott Sei Dank (Lubeck) (77.77)



Voice Type:

Baritone

Instrument:

- Organ
- Grand Piano
- Guitar
- Violin

Lyrics

On This Day, the First of Days

Henry W. Baker

- 1 On this day, the first of days  
God the Father's name we praise;  
Who, creation's Lord and spring  
Did the world from darkness bring.
- 2 On this day the eternal Son  
Over death his triumph won;  
On this day the Spirit came  
With his gifts of living flame.
- 3 Father, who didst fashion man  
Godlike in thy loving plan  
Fill us with that love divine,  
And conform our wills to thine

Number of Verses:

-

6

+

Speed:



List of tunes on website:

[https://stjudesp.org/our-faith/adult-faith-formation/  
liturgy-of-the-hours-class/](https://stjudesp.org/our-faith/adult-faith-formation/liturgy-of-the-hours-class/)



*From the movie, Elf*





# Defining 'a day'

NABRE

Preamble. The Creation of the World

**Genesis 1**

**The Story of Creation.** 1 In the beginning, when God created the heavens and the earth— 2 and the earth was without form or shape, with darkness over the abyss and a mighty wind sweeping over the waters—

3 Then God said: Let there be light, and there was light. 4 God saw that the light was good. God then separated the light from the darkness. 5 God called the light “day,” and the darkness he called “night.” Evening came, and morning followed—the first day.

6 Then God said: Let there be a dome in the middle of the waters,...



## Liturgically, Saturday evening belongs to Sunday

<b>Sunday</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>	<b>Sat</b>	<b>Sunday</b>
<b>Sunday Mass</b>	Daily Mass	Daily Mass	Daily Mass	Daily Mass	Daily Mass	Daily Mass	<b>Sunday Mass</b>
<b>Sunday Mass</b>						<b>4P Vigil Mass for</b>	<b>Sunday Mass</b>



<b>Sunday</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>	<b>Sat</b>	<b>Sunday</b>
<b>Sunday Mass</b>	Daily Mass	Daily Mass	Daily Mass	<b>Solemnity Mass</b>	Daily Mass	Daily Mass	<b>Sunday Mass</b>
<b>Sunday Mass</b>			<b>7P Vigil Mass for Solemnity</b>	<b>Solemnity Mass</b>		<b>4P Vigil Mass for</b>	<b>Sunday Mass</b>

Liturgically, Saturday evening belongs to Sunday

Liturgically, Evening before a Solemnity belongs to the day of the Solemnity



# 4-Week Psalter

- ♦ PAGE 677
- ♦ NOTE: Evening Prayer I
- ♦ REMEMBER, *liturgically*, Sunday begins at *sundown* on Saturday.
  - ♦ Therefore, the evening prayer prayed on Saturday evening is liturgically Sunday
  - ♦ Therefore it is called Evening Prayer 1
  - ♦ Evening Prayer prayed on Sunday Evening, then, is Evening Prayer II (for example, see page 677)



**Note:** Evening Prayer **I** and Evening Prayer **II**

## **a Sample Week of LOH -**

Sunday	Monday	Tuesday	Wednesdy	Thursday	Friday	Saturday
			<i>SOLEMNITY of St. So &amp; So</i>			
Invitatory	Invitatory	Invitatory	Invitatory	Invitatory	Invitatory	Invitatory
Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer	Morning Prayer
Daytime Prayer	Daytime Prayer	Daytime Prayer	Daytime Prayer	Daytime Prayer	Daytime Prayer	Daytime Prayer
Evening Prayer II for Sunday	Evening Prayer	EVENING PRAYER 1 for solemnity	EVENING PRAYER II for solemnity	Evening Prayer	Evening Prayer	Evening Prayer 1 for Sunday
Night Prayer Sunday	Night Prayer Monday	Night Prayer Tuesday	Night Prayer Wednesday	Night Prayer Thursday	Night Prayer Friday	Night Prayer after Evening Prayer 1 (Saturday)

**\*\*Office of the Readings - *can be prayed anytime of the day***



# 4-Week Psalter

- ♦ 4-Week Rotation
- ♦ For Example:
  - ♦ Week 1 - 4 correspond directly to the Psalter number
  - ♦ Week 5 → start over with Week 1 of the Psalter
  - ♦ see chart next slide.....



# 4-Week Psalter

## 4-Week Rotation:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>	<b>32</b>
<b>33</b>	<b>34</b>		



# 4-Week Psalter

- ♦ Start over at a new Liturgical Season
- ♦ Except:
  - ♦ Ash Wednesday through Saturday - uses the Week 4 of the Psalter
  - ♦ Because the 1st Sunday of Lent uses Week 1 of the Psalter



# March 2022



PREVIOUS

NEXT

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	1 Tuesday of the Eighth Week in Ordinary Time	2 Ash Wednesday	3 Thursday after Ash Wednesday	4 Friday after Ash Wednesday	5 Saturday after Ash Wednesday
6 First Sunday of Lent	7 Monday of the First Week of Lent	8 Tuesday of the First Week of Lent	9 Wednesday of the First Week in Lent	10 Thursday of the First Week in Lent	11 Friday of the First Week of Lent	12 Saturday of the First Week of Lent
13 Second Sunday of Lent	14 Monday of the Second Week in Lent	15 Tuesday of the Second Week of Lent	16 Wednesday of the Second Week of Lent	17 Thursday of the Second Week of Lent	18 Friday of the Second Week of Lent	19 Solemnity of Saint Joseph, husband of the Blessed Virgin Mary
20 Third Sunday of Lent Third Sunday of Lent Third Sunday of Lent	21 Monday of the Third Week of Lent	22 Tuesday of the Third Week of Lent	23 Wednesday of the Third Week of Lent	24 Thursday of the Third Week of Lent	25 Solemnity of the Annunciation of the Lord	26 Saturday of the Third Week of Lent
27 Fourth Sunday of Lent Fourth Sunday of Lent Fourth Sunday of Lent	28 Monday of the Fourth Week of Lent	29 Tuesday of the Fourth Week of Lent	30 Wednesday of the Fourth Week of Lent	31 Thursday of the Fourth Week of Lent	1	2



# 4-Week Psalter

- ♦ Each day of the Psalter - **ordered**: *[leaf through]*
  - ♦ (Evening Prayer I - If Sunday)
  - ♦ Invitatory with Antiphon
  - ♦ Office of Readings
  - ♦ Morning Prayer
  - ♦ Daytime Prayer
  - ♦ Evening Prayer (- II if Sunday)
    - ♦ ***NOTE:*** *On Saturdays, there is NO Evening Prayer ... because Saturday evening belongs to Sunday, therefore on Saturday night we pray Sunday Evening Prayer I*



# 4-Week Psalter

- ♦ If you pray all LOH prayers, every month you will have prayed 147 Psalms
  - ♦ 58, 83 and 109 are not used because they are curses, imprecatory



# July 2022



PREVIOUS

NEXT

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1	2
					● Friday of the Thirteenth Week in Ordinary Time	● Saturday of the Thirteenth Week in Ordinary Time
● 3 Fourteenth Sunday in Ordinary Time	● 4 Monday of the Fourteenth Week in Ordinary Time	● 5 Tuesday of the Fourteenth Week in Ordinary Time	● 6 Wednesday of the Fourteenth Week in Ordinary Time	● 7 Thursday of the Fourteenth Week in Ordinary Time	● 8 Friday of the Fourteenth Week in Ordinary Time	● 9 Saturday of the Fourteenth Week in Ordinary Time
● 10 Fifteenth Sunday in Ordinary Time	○ 11 Memorial of Saint Benedict, Abbot	● 12 Tuesday of the Fifteenth Week in Ordinary Time	● 13 Wednesday of the Fifteenth Week in Ordinary Time	○ 14 Memorial of Saint Kateri Tekakwitha, Virgin	○ 15 Memorial of Saint Bonaventure, Bishop and Doctor of the Church	● 16 Saturday of the Fifteenth Week in Ordinary Time
● 17 Sixteenth Sunday in Ordinary Time	● 18 Monday of the Sixteenth Week in Ordinary Time	● 19 Tuesday of the Sixteenth Week in Ordinary Time	● 20 Wednesday of the Sixteenth Week in Ordinary Time	● 21 Thursday of the Sixteenth Week in Ordinary Time	○ 22 Feast of Saint Mary Magdalene	● 23 Saturday of the Sixteenth Week in Ordinary Time
● 24 Seventeenth Sunday in Ordinary Time	● 25 Feast of Saint James, Apostle	○ 26 Memorial of Saints Joachim and Anne, Parents of the Blessed Virgin Mary	● 27 Wednesday of the Seventeenth Week in Ordinary Time	● 28 Thursday of the Seventeenth Week in Ordinary Time	○ 29 Memorial of Saints Martha, Mary, and Lazarus	● 30 Saturday of the Seventeenth Week in Ordinary Time
● 31 Eighteenth Sunday in Ordinary Time	1	2	3	4	5	6



# 2022 JULY

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**15/  
Week 3**

**16/  
Week 4**

**17/  
Week 1**

**18/  
Week 2**

**Volume  
IV  
Starting  
with EP I**



# 4-Week Psalter

- ♦ When you start a prayer, ASK:
  - ♦ What is the liturgical week?
  - ♦ Which week Psalter is used?
  - ♦ Go to that Week and Day
    - ♦ ex, if it is Tuesday in the 14th week of OT,
      - ♦ then go to Week 1 of the Psalter
      - ♦ then go to Tuesday and start the prayer



## Cathedral of St. Jude the Apostle

Cathedral Parish and School of the Diocese of St. Petersburg  
*Therefore go and make disciples of all nations. ~ Matthew 28:19*

July 3, 2022 ~ The Fourteenth Sunday in Ordinary Time



Shout joyfully to God, all the Earth,  
sing praise to the glory of His name... ~Psalm 66

Welcome to the  
Cathedral of St. Jude

Mass Weekdays  
Monday – Friday

Eucharistic Adoration,  
Exposition of the



# How to Pray the Liturgy of the Hours

step-by-step instructions

**4-Volume Set**

**Morning Prayer**



Morning and Evening Prayer  
are the  
Hinges of the Day



# Morning Prayer

- ◆ Instructions on page 654 (in the Ordinary)



# Morning Prayer

## ♦ Pattern of Morning Prayer:

- ♦ Invitatory or Introduction
- ♦ Hymn
- ♦ **Psalmody** = Psalm → **Old** Testament Canticle → Psalm
- ♦ Scriptural Reading
- ♦ Responsory
- ♦ Gospel Canticle - Zechariah (+), Benedictus - p691
- ♦ Intercessions
- ♦ Our Father
- ♦ Concluding Prayer
- ♦ Dismissal, p693-**694**



# Morning Prayer

- ♦ Go to the 4-week Psalter for the Liturgical Week and Day
  - ♦ < SKIP the saint days for now >



# Morning Prayer

- ♦ Start with the **Invitatory** (See lesson 2) **IF** Morning Prayer is the first prayer of your day
- ♦ Or - start with the **Introduction** if it is not your first prayer:
  - ♦ God + come to my assistance,  
Make haste to help me. Glory  
to the Father...

Antíphon

Psalm 95

Glory to...

Antíphon



# Morning Prayer

- ♦ After Invitatory...
- ♦ Enter into Morning Prayer
- ♦ **NEVER** SKIP the **Hymn**
- ♦ **Psalmody**: Psalm → **Old** Testament Canticle → Psalm



## Psalm/Canticle Sandwich:

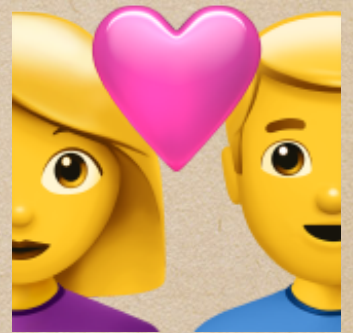
Antiphon

Psalm or  
Canticle

Glory to...

Psalm prayer

Antiphon





# Morning Prayer

- ♦ **Psalmody**: Psalm, Old Testament Canticle, Psalm
  - ♦ Psalm = Antiphon, Psalm+Doxology, (Psalm Prayer), *repeat* Antiphon
  - ♦ Short Pause after each Psalm and Canticle

Antiphon

Psalm

Glory to...

Psalm prayer

Antiphon

Antiphon

Old Testament  
Canticle

Glory to...

Psalm prayer

Antiphon

Antiphon

Psalm

Glory to...

Psalm prayer

Antiphon



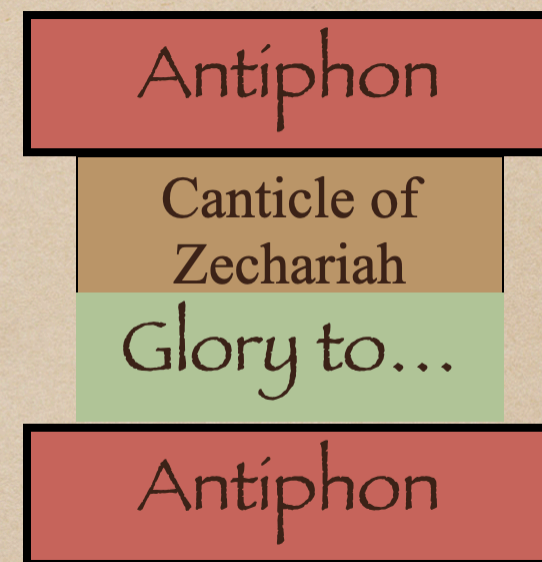
# Morning Prayer

- ♦ Scripture Reading
- ♦ Responsory
- ♦ Short Pause, silence, for reflection



# Morning Prayer

- ♦ Gospel Canticle = Canticle of Zechariah (+), *[STAND]*
  - ♦ **\*\*On Sundays, go to the Proper of Seasons for the Antiphon for the Canticle of Zechariah**
  - ♦ **\*\*Know the background of the canticles:**
  - ♦ HW: Read story of Zechariah and Elizabeth Luke 1:5-25
  - ♦ Luke 1:67-80:
    - ♦ Gospel Antiphon
    - ♦ Canticle of Zechariah, p 656
    - ♦ Doxology
    - ♦ Gospel Antiphon





# Morning Prayer

- ♦ Intercessions
- ♦ The Lord's Prayer
- ♦ Concluding Prayer
- ♦ Dismissal
  - ♦ May + the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.



# Morning Prayer

**EXAMPLE: Thursday of Week 11 -  
use Week 3 of the Psalter, p 1061**

Antiphon

Psalm

Glory to...

Psalm prayer

Antiphon

- ♦ **Invitatory:**
  - ♦ Lord (+) open my lips...
  - ♦ Antiphon → 649
  - ♦ Psalm 95, p 650
  - ♦ *repeat* Antiphon
- ♦ **Morning Prayer, p1065**
  - ♦ Hymn - "When morning fills the sky, ..."
  - ♦ Psalmody: Ps 87, Isaiah Canticle, Ps 99
  - ♦ Reading
  - ♦ Responsory
  - ♦ Antiphon for Canticle of Zechariah
  - ♦ p656, Canticle of Zechariah (+)
  - ♦ *repeat* Antiphon for Cant of Zech
  - ♦ p1070, Intercessions
  - ♦ Our Father...
  - ♦ Concluding prayer
  - ♦ Conclusion = Dismissal (May the Lord bless us...)



# Morning Prayer

## EXAMPLE: Sunday, Week 16

### Use Week 4 of Psalter - p 1122; p514→517

Antiphon

Psalm

Glory to...

Psalm prayer

Antiphon

- ♦ **Invitatory:**
  - ♦ Lord (+) open my lips...
  - ♦ Antiphon → 649
  - ♦ Psalm 95, p. 650
  - ♦ Antiphon
- ♦ **Morning Prayer, p1127**
  - ♦ Hymn - "Sing with all the sons of glory, ..."
  - ♦ Psalmody: Ps 118, Daniel Canticle, Ps 150
  - ♦ Reading
  - ♦ Responsory
  - ♦ Antiphon for Canticle of Zechariah, 517
  - ♦ p656, Canticle of Zechariah (+)
  - ♦ *repeat* Antiphon for Cant of Zech, p517
  - ♦ p 1133, Intercessions
  - ♦ Our Father...
  - ♦ Concluding prayer, p518
  - ♦ Conclusion = Dismissal (May the Lord bless us...)



Tomorrow is Monday, Week  
16th of Ordinary Time

Where do we start: Invitatory  
and Morning Prayer



## NEXT WEEK:

- ◆ Review Morning Prayer
- ◆ Evening Prayer
- ◆ Night Prayer



# Homework:

- ♦ Pray Invitatory AND Morning prayer daily - - **USE WEEK 4 PSALTER, start page 1143(Inv) & 1147(MP)**
- ♦ Read entire Luke chapter 1
  - ♦ Cantic of Zechariah 1:5-25; 67-80
- ♦ Continue reading GILH slowly
- ♦ If iPhone, download **Breviary Tunes**
- ♦ Resource on webpage
- ♦ Class video will be posted by tomorrow morning

Antiphon

Psalm

Glory to...

Psalm prayer

Antiphon