

How to Pray the
Liturgy of the Hours

step-by-step instructions

Daytime Prayer

Daytime Prayer

- ◆ See Instructions on page 659
- ◆ GILH - §74 - 83 (pp 50-52)

Daytime Prayer

- ◆ Complementary Daytime
Psalmody, page 1291

Daytime Prayer

- ◆ Mid-morning
- ◆ Midday
- ◆ Mid-afternoon

- ◆ Instructions on page 659
- ◆ Hymns for the prayers: 659 - 666, by time of day

Daytime Prayer

- ◆ **Pattern of Daytime Prayer:**

- ◆ Introduction

- ◆ Hymn

- ◆ Psalmody = 3 Psalms

- ◆ Scriptural Reading

- ◆ verse

- ◆ Concluding Prayer

- ◆ Acclamation

Daytime Prayer

- ◆ Start with the the Introduction:
 - ◆ God + come to my assistance, Make haste to help me.
- ◆ *Or* - Invitatory - If this is the first prayer of your day

Daytime Prayer

- ◆ Go to 4-Week Psalter for the Liturgical Week and Day and Time of day
- ◆ NEVER SKIP the Hymn (choose one: pp 659 - 666)
- ◆ Psalmody: 3 Psalms with antiphons, doxology, Psalm prayers
 - ◆ **[During Advent/Christmas and Lent/Easter, there is only one Antiphon for the Psalmody]**
 - ◆ Short Pause after each Psalm

FYI:

**** Psalm Sandwich for Daytime Prayer
in Advent, Christmas, Lent, Easter**

only 1 Antiphon

Psalm #1

Doxology

Psalm prayer

Psalm #2

Doxology

Psalm #3

Doxology

only 1 Antiphon

Daytime Prayer

- ◆ CHOOSE the Scripture Reading for the TIME of day
- ◆ Short Pause, silence, for reflection
- ◆ Concluding Prayer
- ◆ Acclamation: Let us praise the Lord, And give him thanks

Daytime Prayer

- ◆ DID YOU NOTICE: Only one set of Psalms were given for the Daytime Prayer
- ◆ If you do another daytime prayer, Use **Complementary Psalms - p 1291**

Daytime Prayer

- ◆ Monday, Week 10 of Ordinary Time —
Midmorning prayer
- ◆ Use Week 2 of the Psalter, p858
- ◆ Start p858
 - ◆ Intro
 - ◆ Hymn, choose one
 - ◆ Psalmody: Psalms 119, 40-I, 40-II, with their Antiphons, +/- Psalm Prayers

Daytime Prayer

- ◆ Reading for **Midmorning**, p862
- ◆ Verse
- ◆ Concluding Prayer
- ◆ Acclamation, p668
 - Let us praise the Lord, and give him thanks.

Daytime Prayer

- ◆ Monday, Week 10 of Ordinary Time — **Mid-day prayer**
- ◆ Use Complementary Psalter, p1293
- ◆ Start 858
 - ◆ Intro
 - ◆ Hymn, choose one
 - ◆ Midday Complementary Psalmody, p1293
 - ◆ Psalms 123, 124, 125

Daytime Prayer

- ◆ Reading for **Mid-day**, p862
- ◆ Verse
- ◆ Concluding Prayer
- ◆ Acclamation, p668
 - Let us praise the Lord, and give him thanks.

Daytime Prayer

- ◆ Monday, Week 10 of Ordinary Time — **Mid-afternoon prayer**
- ◆ Use Complementary Psalter, p1295
- ◆ Start p858
 - ◆ Intro
 - ◆ Hymn, choose one
 - ◆ Midday Complementary Psalmody, p1295
 - ◆ Psalms 126, 127, 128

Daytime Prayer

- ◆ Reading for **Mid-afternoon**, p863
- ◆ Verse
- ◆ Concluding Prayer
- ◆ Acclamation, p668
 - Let us praise the Lord, and give him thanks.