

How to Pray the
Liturgy of the Hours

step-by-step instructions

Night Prayer

Night Prayer

- ◆ See Instructions on page 672
- ◆ GILH - §84 - 92 (pp 52-53 of V-1)

Night Prayer

- ◆ Nighttime prayer is on a **one-week rotation**.
- ◆ After the Introduction, there is a brief
EXAMINATION OF CONSCIENCE
- ◆ Hymn *follows* Examination of Conscience, and
choice given p 1264-1269

Night Prayer

- ◆ REMEMBER - *liturgically*, Sunday begins at sundown on Saturday night.
- ◆ Therefore, on p 1264, there is Night Prayer after Evening Prayer 1 for Saturday Night
- ◆ Prayer begins on page 1264 with a list of hymns

Night Prayer

Antiphon

Canticle

Glory to...

Psalm prayer

Antiphon

- ♦ **Pattern of Night Prayer:**
- ♦ Introduction [God, +come to my assistance...]
- ♦ Examination of Conscience
 - ♦ Penitential Rite
- ♦ Psalmody
- ♦ Scriptural Reading
- ♦ Responsory
- ♦ Gospel Canticle - Simeon (+) - *given every night*
- ♦ Concluding Prayer
- ♦ Blessing /Conclusion
 - ♦ May the all-powerful Lord grant us a restful night and a peaceful death. Amen
- ♦ Antiphon in Honor of the Blessed Virgin

Night Prayer

- ◆ Start with the Introduction
 - ◆ God + come to my assistance, Make haste to help me. Glory to the Father....
- ◆ Examination of Conscience
 - ◆ Penitential Rite - use formula of Mass

Night Prayer

- ♦ Go to the correct Night p 1264
- ♦ NEVER SKIP the Hymn
- ♦ Psalmody:
 - ♦ Psalm = Antiphon, Psalm, Doxology, Antiphon
 - ♦ **Sat and Wed: 2** Psalm sandwiches
 - ♦ Other nights, only **1** Psalm sandwich
 - ♦ Short Pause after each Psalm and Canticle

Antiphon

Canticle

Glory to...

Psalm prayer

Antiphon

Night Prayer

- ◆ Scripture Reading
- ◆ Responsory
- ◆ Short Pause, silence, for reflection

Night Prayer

- ♦ Gospel Canticle = Canticle of Simeon (+), (*Nunc Dimittis*)
- ♦ Read story of the Presentation of Jesus at the Temple, and the encounter with Simeon (Luke 2:22-35)
 - ♦ Gospel Antiphon
 - ♦ Canticle of Simeon (given every night)
 - ♦ Doxology
 - ♦ *repeat* Gospel Antiphon

Antiphon

Canticle

Glory to...

Psalm prayer

Antiphon

Night Prayer

- ◆ Concluding Prayer
- ◆ Blessing, p 674
 - ◆ May the all-powerful Lord grant us a restful night and a peaceful death. Amen
- ◆ Close with praying any one of the Antiphons in Honor of the Blessed Virgin (1288 - 1290)

Night Prayer

EXAMPLE - Wednesday Night Prayer

- ◆ Start p1280
 - ◆ BUT, see in **Red**, go to 672 →
 - ◆ Introduction
 - ◆ Examination of Conscience
- ◆ Go back to p1280 to continue with Psalmody
- ◆ Reading
- ◆ Responsory
- ◆ Gospel Canticle of Simeon (+), with Night Antiphon: “Protect us, Lord,…”
- ◆ Prayer
- ◆ Blessing, p 674
 - ◆ May the all-powerful Lord grant us a restful night and a peaceful death.
Amen
- ◆ Close with praying any one of the Antiphons in Honor of the Blessed Virgin (1288 - 1290)

A dramatic sky scene featuring a bright sunburst breaking through a layer of clouds. The sunburst is positioned on the right side of the frame, casting a strong light across the sky. The clouds are scattered and vary in density, with some appearing as soft, white wisps and others as darker, more defined shapes. The overall color palette is dominated by blues and whites, with the bright yellow of the sunburst providing a focal point. The text "PEACEFUL NIGHT" is overlaid in the center of the image in a blue, serif font.

PEACEFUL NIGHT